

Somersfield Hot Lunch Form (2012)

I would like my child to be provided with hot lunches.

Name: _____ (please PRINT clearly)

Grade: _____

Contact Phone Number: _____

PAYMENT METHOD

(please tick one box and complete payment details if paying by card)

CASH ENCLOSED

CHEQUE ENCLOSED (please make cheques payable to La Trattoria Restaurant)

DEBIT CARD ONLY

Name on Card: _____

Card #: _____

Expiry Date: _____

Signature: _____

LUNCHES ARE \$6.50 PER DAY

AMOUNT: \$ _____

WEEK 1

Wed Jan 4 Cheese ravioli in tomato sauce, rosemary focaccia, Caesar salad, peaches

Thur Jan 5 Chicken, vegetable and cheese fajitas, brown rice, sour cream, oatmeal raisin cookies

WEEK 2

Mon Jan 9 Whole wheat penne with meat sauce, garlic bread, steamed string beans, banana bread

Tues Jan 10 Sweet 'n' sour chicken over rice, mixed vegetables, ginger bread with stewed apples

Wed Jan 11 Beef burger on a whole wheat bun, coleslaw, melon slices

Thur Jan 12 Turkey and bean chili on a baked potato, carrots, chocolate pudding

WEEK 3

Mon Jan 16 Baked macaroni and cheese with ham and peas, Caesar salad, half a peach

Tues Jan 17 BBQ chicken legs, potato salad with peas, carrots and mixed fruits

Wed Jan 18 Grilled ham and cheese panino, vegetable salad, fruit and jell-o cup

Thur Jan 19 Roasted honey-mustard chicken breast, rice and red beans, mixed salad, apple

WEEK 4

Mon Jan 23 Grilled chicken breast topped with mozzarella and tomato sauce, saffron rice vegetables, carrot cake

Tues Jan 24 Meatball sub on a whole wheat bun, rainbow coleslaw, banana

Wed Jan 25 Baked chicken tenders, pasta salad with vegetables, melon slices

Thur Jan 26 Spice-seasoned ground turkey on a tortilla, tomato salsa, sour cream, rice and beans, pineapple slices

WEEK 5

Mon Jan 30 Fusilli pasta with meat sauce, peas and mushrooms, garlic bread, string beans, apple

Tues Jan 31 Chicken hot dog on a whole wheat bun, baked beans, raisin pound cake

Wed Feb 1 Grilled corned beef and Swiss cheese panino on French bread, Caesar salad and chocolate pudding

Thur Feb 2 Smoked turkey and vegetable pizza, three bean salad, upside-down pineapple cake

WEEK 6

Mon Feb 6 Grilled chicken burger on whole wheat bun, a potato and peas salad, apple

Tues Feb 7 Grilled turkey and Swiss Panini on focaccia bread, string bean salad, fruit cocktail

Wed Feb 8 Cheese ravioli in tomato sauce, rosemary focaccia, Caesar salad, peaches

Thur Feb 9 Chicken, vegetable and cheese fajitas, brown rice, sour cream, oatmeal raisin cookies

Please Return by November 30, 2011 - To Avoid Late Fees